

Do you struggle to take your blood pressure medication regularly?



**If so – we want to hear from you!
Take part in our research.**

About the research

We are a team of researchers looking to get your views on a digital support service that aims to help people to take their blood pressure medications.

You are invited to take part in a local **focus group** with us lasting around 90 minutes. You will trial out SMS messages and a smartphone app during the discussion, and give us your feedback.

Expenses

You will receive **£20 voucher** compensation for travel and any inconvenience.

Who is eligible?

We are looking for people:

- Currently prescribed medication to treat a long term condition (high blood pressure, type 2 diabetes, high cholesterol)
- Occasionally forget, alter or skip a dose of their medication

Interested?

Please contact Miranda (study coordinator) directly:

Tel: 01223 330524

Email: MV404@cam.ac.uk

Thank you!